

YEAR 1, PROPER 10, WEDNESDAY: MASS

For use with the First Lesson

Adapted from *The Vocabulary of the Church* (1960):

Am'orites

AM-uh-rights

Per'izzites

PEAR-i-zights

Hi'vites

HIGH-vights

The First Lesson. The Reader begins

A Reading from Exodus

Now Moses was keeping the flock of his father-in-law, Jethro, the priest of Midian; and he led his flock to the west side of the wilderness, and came to Horeb, the mountain of God. And the angel of the LORD appeared to him in a flame of fire out of the midst of a bush; and he looked, and lo, the bush was burning, yet it was not consumed. And Moses said, “I will turn aside and see this great sight, why the bush is not burnt.” When the LORD saw that he turned aside to see, God called to him out of the bush, “Moses, Moses!” And he said, “Here am I.” Then he said, “Do not come near; put off your shoes from your feet, for the place on which you are standing is holy ground.” And he said, “I am the God of your father, the God of

Abraham, the God of Isaac, and the God of Jacob.” And Moses hid his face, for he was afraid to look at God. Then the LORD said, “I have seen the affliction of my people who are in Egypt, and have heard their cry because of their taskmasters; I know their sufferings, and I have come down to deliver them out of the hand of the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the place of the Canaanites, the Hit'tites, the Am'orites, the Per'izzites, the Hi'vites, and the Jebusites. And now, behold, the cry of the people of Israel has come to me, and I have seen the oppression with which the Egyptians oppress them. Come, I will send you to Pharaoh that you may bring forth my people, the sons of Israel, out of Egypt.” But Moses said to God, “Who am I that I should go to Pharaoh, and bring the sons of Israel out of Egypt?” He said, “But I will be with you; and this shall be the sign for you, that I have sent you: when you have brought forth the people out of Egypt, you shall serve God upon this mountain.”

The Reader concludes

The Word of the Lord.

Psalm 103:1–7

At Said Mass the Reader says

Please join me in reading Psalm 103, verses 1 through 7, found in the red Prayer Book on page 733.

(The Reader repeats the above information as needed.)

At Sung Mass the Reader says

Please join me in reading Psalm 103 as found in the service bulletin.

- 1 Bless the LORD, O my soul, *
and all that is within me, bless his holy Name.
- 2 Bless the LORD, O my soul, *
and forget not all his benefits.
- 3 He forgives all your sins *
and heals all your infirmities;
- 4 He redeems your life from the grave *
and crowns you with mercy and loving-kindness;
- 5 He satisfies you with good things, *
and your youth is renewed like an eagle's.

6 The LORD executes righteousness *
and judgment for all who are oppressed.

7 He made his ways known to Moses *
and his works to the children of Israel.

The Gospel Acclamation

The Reader leads the appointed acclamation.

Reader Alleluia.

People Alleluia.

Reader How good it is to sing praises to our
God; *
how pleasant it is to honor him with
praise.

People Alleluia.

The Reader returns to his or her seat.

The Holy Gospel

The Minister says

The Lord be with you.

People

And also with you.

Minister

✠ The Holy Gospel of our Lord
Jesus Christ according to
Matthew.

People

Glory to you, Lord Christ.

At that time Jesus declared, “I thank thee, Father,
Lord of heaven and earth, that thou hast hidden these
things from the wise and understanding and revealed
them to babes; yea, Father, for such was thy gracious
will. All things have been delivered to me by my
Father; and no one knows the Son except the Father,
and no one knows the Father except the Son and any
one to whom the Son chooses to reveal him.

The Minister says

The Gospel of the Lord.