YEAR 1, PROPER 10, THURSDAY: MASS

For use with the First Lesson

Adapted from The Vocabulary of the Church (1960):

Am'orites	AM-uh-rights
Per'izzites	PEAR-i-zights
Hi'vites	HIGH-vights
Jeb'usites	JEB-yuu-sights

The First Lesson. The Reader begins

A Reading from Exodus

Then Moses said to God, "If I come to the people of Israel and say to them, 'The God of your fathers has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." And he said, "Say this to the people of Israel, 'I AM has sent me to you.' "God also said to Moses, "Say this to the people of Israel, 'The LORD, the God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': this is my name for ever, and thus I am to be remembered throughout all generations. Go and gather the elders of Israel together, and say to them, 'The LORD, the God of your fathers, the God of

Abraham, of Isaac, and of Jacob, has appeared to me, saying, "I have observed you and what has been done to you in Egypt; and I promise that I will bring you up out of the affliction of Egypt, to the land of the Canaanites, the Hit'tites, the Am'orites, the Per'izzites, the Hi'vites, and the Jebusites, a land flowing with milk and honey." And they will hearken to your voice; and you and the elders of Israel shall go to the king of Egypt and say to him, 'The LORD, the God of the Hebrews, has met with us; and now, we pray you, let us go a three days' journey into the wilderness, that we may sacrifice to the LORD our God.' I know that the king of Egypt will not let you go unless compelled by a mighty hand. So I will stretch out my hand and smite Egypt with all the wonders which I will do in it; after that he will let you go."

The Reader concludes The Word of the Lord.

Psalm 105:1-7

The Reader says

Please join me in reading Psalm 105, verses 1 through 7, found in the red Prayer Book on page 738. (The Reader repeats the above information as needed.)

- 1 Give thanks to the LORD and call upon his Name; * make known his deeds among the peoples.
- 2 Sing to him, sing praises to him, * and speak of all his marvelous works.
- Glory in his holy Name; *
 let the hearts of those who seek the LORD rejoice.
- 4 Search for the LORD and his strength; * continually seek his face.
- 5 Remember the marvels he has done, * his wonders and the judgments of his mouth,
- O offspring of Abraham his servant, *
 O children of Jacob his chosen.

7 He is the LORD our God; * his judgments prevail in all the world.

The Gospel Acclamation

The Reader leads the appointed acclamation.

Reader Alleluia.

People Alleluia.

Reader How good it is to sing praises to our

God; *

how pleasant it is to honor him with

praise.

People Alleluia.

The Reader returns to his or her seat.

The Holy Gospel

The Minister says The Lord be with you.

People And also with you.

Minister ★ The Holy Gospel of our Lord

Jesus Christ according to

Matthew.

People Glory to you, Lord Christ.

Jesus said, "Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon

you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

The Minister says

The Gospel of the Lord.