

YEAR 1, PROPER 17, SATURDAY: MASS

The First Lesson. The Reader begins

A Reading from the

Letter of Paul to the Colossians

See to it that no one makes a prey of you by philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ. For in him the whole fulness of deity dwells bodily, and you have come to fulness of life in him, who is the head of all rule and authority. In him also you were circumcised with a circumcision made without hands, by putting off the body of flesh in the circumcision of Christ; and you were buried with him in baptism, in which you were also raised with him through faith in the working of God, who raised him from the dead. And you, who were dead in trespasses and the uncircumcision of your flesh, God made alive together with him, having forgiven us all our trespasses, having canceled the bond which stood against us with its legal demands; this he set aside, nailing it to the cross. He disarmed the principalities and powers and made a public

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COLOSSIANS 2:8-23*; PSALM 54; LUKE 6:1-5

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example of them, triumphing over them in him. Therefore let no one pass judgment on you in questions of food and drink or with regard to a festival or a new moon or a sabbath. These are only a shadow of what is to come; but the substance belongs to Christ. Let no one disqualify you, insisting on self-abasement and worship of angels, taking his stand on visions, puffed up without reason by his sensuous mind, and not holding fast to the Head, from whom the whole body, nourished and knit together through its joints and ligaments, grows with a growth that is from God. If with Christ you died to the elemental spirits of the universe, why do you live as if you still belonged to the world? Why do you submit to regulations, “Do not handle, Do not taste, Do not touch” (referring to things which all perish as they are used), according to human precepts and doctrines? These have indeed an appearance of wisdom in promoting rigor of devotion and self-abasement and severity to the body, but they are of no value in checking the indulgence of the flesh.

The Reader concludes

The Word of the Lord.

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Psalm 54

The Reader says

Please join me in reading Psalm 54, found in the red Prayer Book beginning on page 659.

(The Reader repeats the above information as needed.)

- 1 Save me, O God, by your Name; *
in your might, defend my cause.
- 2 Hear my prayer, O God; *
give ear to the words of my mouth.
- 3 For the arrogant have risen up against me,
and the ruthless have sought my life, *
those who have no regard for God.
- 4 Behold, God is my helper; *
it is the Lord who sustains my life.
- 5 Render evil to those who spy on me; *
in your faithfulness, destroy them.
- 6 I will offer you a freewill sacrifice *
and praise your Name, O Lord, for it is good.

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7 For you have rescued me from every trouble, *
and my eye has seen the ruin of my foes.

The Reader says

Please stand for the Gospel.

The Gospel Acclamation

The Reader leads the appointed acclamation.

Reader Alleluia.

People Alleluia.

Reader Your love, O Lord, for ever will I sing; *
from age to age my mouth will proclaim
your faithfulness.

People Alleluia.

The Reader returns to his or her seat.

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The Holy Gospel

The Minister says

The Lord be with you.

People

And also with you.

Minister

✠ The Holy Gospel of our Lord
Jesus Christ according to Luke.

People

Glory to you, Lord Christ.

On a sabbath, while Jesus was going through the grainfields, his disciples plucked and ate some heads of grain, rubbing them in their hands. But some of the Pharisees said, “Why are you doing what is not lawful to do on the sabbath?” And Jesus answered, “Have you not read what David did when he was hungry, he and those who were with him: how he entered the house of God, and took and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and also gave it to those with him?” And he said to them, “The Son of man is lord of the sabbath.”

The Minister says

The Gospel of the Lord.

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