

**YEAR 2, PROPER 12, THURSDAY:
MORNING PRAYER**

For use with the First Lesson

Adapted from *The Vocabulary of the Church* (1960):

Ra'mah	RAY-mah
Bar'ak	BAR-uhk
Abin'o-am	uh-BIN-o-uhm
Ke'desh	KEE-desh
Naph'tali	NAF-tuh-ligh
Ja'bin	JAY-bin
Ki'shon	KIGH-shawn
He'ber	HEE-bur
Ke'nite	KEE-night
Ho'bab	HOH-bab
Za'-anan'nim	ZAY-uh-NAN-im
Ta'bor	TAY-bur
Haro'sheth-ha-goi'im	
	hu-ROH-sheth-ha-GOY-im
Ja'el	JAY-el
Ha'zor	HAY-zawr

The First Lesson. The Reader begins

A Reading from the Book of Judges

Now Deb'orah, a prophetess, the wife of Lap'pidoth, was judging Israel at that time. She used to sit under the palm of Deb'orah between Ra'mah and Bethel in the hill country of E'phraim; and the people of Israel came up to her for judgment. She sent and summoned Bar'ak the son of Abin'o-am from Ke'desh in Naph'tali, and said to him, “The LORD, the God of Israel, commands you, ‘Go, gather your men at Mount Ta'bor, taking ten thousand from the tribe of Naph'tali and the tribe of Zeb'ulun. And I will draw out Sis'era, the general of Ja'bin's army, to meet you by the river Ki'shon with his chariots and his troops; and I will give him into your hand.’ ” Barak said to her, “If you will go with me, I will go; but if you will not go with me, I will not go.” And she said, “I will surely go with you; nevertheless, the road on which you are going will not lead to your glory, for the LORD will sell Sis'era into the hand of a woman.” Then Deb'orah arose, and went with Bar'ak to Ke'desh. And Bar'ak summoned Zeb'ulun and Naph'tali to Ke'desh; and ten thousand men went up at his heels; and Deb'orah went up with him. Now He'ber the Ke'nite had separated from the Ke'nites, the descendants of Ho'bab the father-in-law of Moses, and had pitched

his tent as far away as the oak in Za'-anan'nim, which is near Ke'desh. When Sis'era was told that Bar'ak the son of Abin'o-am had gone up to Mount Ta'bor, Sis'era called out all his chariots, nine hundred chariots of iron, and all the men who were with him, from Haro'sheth-ha-goiim to the river Ki'shon. And Deb'orah said to Bar'ak, "Up! For this is the day in which the LORD has given Sis'era into your hand. Does not the LORD go out before you?" So Bar'ak went down from Mount Ta'bor with ten thousand men following him. And the LORD routed Sis'era and all his chariots and all his army before Bar'ak at the edge of the sword; and Sis'era alighted from his chariot and fled away on foot. And Bar'ak pursued the chariots and the army to Haro'sheth-ha-goi'im, and all the army of Sis'era fell by the edge of the sword; not a man was left. But Sis'era fled away on foot to the tent of Ja'el, the wife of He'ber the Ken'ite; for there was peace between Ja'bin the king of Ha'zor and the house of He'ber the Ke'nite. And Ja'el came out to meet Sis'era, and said to him, "Turn aside, my lord, turn aside to me; have no fear." So he turned aside to her into the tent, and she covered him with a rug. And he said to her, "Pray, give me a little water to drink; for I am thirsty." So she opened a skin of milk and gave him a drink and covered him. And he said to her,

“Stand at the door of the tent, and if any man comes and asks you, ‘Is any one here?’ say, No.” But Ja'el the wife of He'ber took a tent peg, and took a hammer in her hand, and went softly to him and drove the peg into his temple, till it went down into the ground, as he was lying fast asleep from weariness. So he died. And behold, as Bar'ak pursued Sis'era, Ja'el went out to meet him, and said to him, “Come, and I will show you the man whom you are seeking.” So he went in to her tent; and there lay Sis'era dead, with the tent peg in his temple. So on that day God subdued Ja'bin the king of Canaan before the people of Israel.

The Reader concludes The Word of the Lord.

For use with the First Lesson

Adapted from *The Vocabulary of the Church* (1960):

Gol'gotha

GAHL-guh-thuh

The Second Lesson. The Reader begins

A Reading from the Gospel according to Matthew

There were also many women at Gol'gotha, looking on from afar, who had followed Jesus from Galilee, ministering to him; among whom were Mary

Mag'dalene, and Mary the mother of James and Joseph, and the mother of the sons of Zeb'edee. When it was evening, there came a rich man from Arimathe'a, named Joseph, who also was a disciple of Jesus. He went to Pilate and asked for the body of Jesus. Then Pilate ordered it to be given to him. And Joseph took the body, and wrapped it in a clean linen shroud, and laid it in his own new tomb, which he had hewn in the rock; and he rolled a great stone to the door of the tomb, and departed. Mary Mag'dalene and the other Mary were there, sitting opposite the sepulchre. Next day, that is, after the day of Preparation, the chief priests and the Pharisees gathered before Pilate and said, "Sir, we remember how that impostor said, while he was still alive, 'After three days I will rise again.' Therefore order the sepulchre to be made secure until the third day, lest his disciples go and steal him away, and tell the people, 'He has risen from the dead,' and the last fraud will be worse than the first." Pilate said to them, "You have a guard of soldiers; go, make it as secure as you can." So they went and made the sepulchre secure by sealing the stone and setting a guard.

The Reader concludes The Word of the Lord.