YEAR B, THE BODY AND BLOOD OF CHRIST: MASS

The First Lesson. The Reader begins

A Reading from Exodus

Moses came and told the people all the words of the LORD and all the ordinances; and all the people answered with one voice, and said, All the words which the LORD has spoken we will do." And Moses wrote all the words of the LORD. And he rose early in the morning, and built an altar at the foot of the mountain, and twelve pillars, according to the twelve tribes of Israel. And he sent young men of the people of Israel, who offered burnt offerings and sacrificed peace offerings of oxen to the LORD. And Moses took half of the blood and put it in basins, and half of the blood he threw against the altar. Then he took the book of the covenant, and read it in the hearing of the people; and they said, "All that the LORD has spoken we will do, and we will be obedient." And Moses took the blood and threw it upon the people, and said, "Behold the blood of the covenant which the LORD

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has made with you in accordance with all these words."

Psalm 147: 13-21

The Reader says

Please join me in reading Psalm 147, verses 13 through 21, found in the red Prayer Book on page 805. (The Reader repeats the above information as needed.)

- 13 Worship the LORD, O Jerusalem; * praise your God, O Zion;
- 14 For he has strengthened the bars of your gates; * he has blessed your children within you.
- 15 He has established peace on your borders; * he satisfies you with the finest wheat.
- 16 He sends out his command to the earth, * and his word runs very swiftly.

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- 17 He gives snow like wool; * he scatters hoarfrost like ashes.
- 18 He scatters his hail like bread crumbs; * who can stand against his cold?
- 19 He sends forth his word and melts them; * he blows with his wind, and the waters flow.
- 20 He declares his word to Jacob, * his statutes and his judgments to Israel.
- 21 He has not done so to any other nation; * to them he has not revealed his judgments. Hallelujah!

A Reading from

the First Letter of Paul to the Corinthians

I want you to know, brethren, that our fathers were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same supernatural food and all drank

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the same supernatural drink. For they drank from the supernatural Rock which followed them, and the Rock was Christ. The cup of blessing which we bless, is it not a participation in the blood of Christ? The bread which we break, is it not a participation in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread. *The Reader concludes* The Word of the Lord.

The Reader says
Please stand for the Gospel.

The Gospel Acclamation

The Reader leads the appointed acclamation.

Reader Alleluia.

People Alleluia.

Reader I am the living bread which came down

from heaven; *

if anyone eats of this bread he will live for ever.

People Alleluia.

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The Reader returns to his or her seat.

The Holy Gospel

The Minister says The Lord be with you.

People And also with you.

Minister

▼ The Holy Gospel of our Lord

Jesus Christ according to Mark.

People Glory to you, Lord Christ.

And on the first day of Unleavened Bread, when they sacrificed the passover lamb, Jesus' disciples said to him, "Where will you have us go and prepare for you to eat the passover?" And he sent two of his disciples, and said to them, "Go into the city, and a man carrying a jar of water will meet you; follow him, and wherever he enters, say to the householder, "The Teacher says, Where is my guest room, where I am to eat the passover with my disciples?' And he will show you a large upper room furnished and ready; there prepare for us." And the disciples set out and went to the city, and found it as he had told them; and they prepared the passover. And when it was evening he came with the twelve. And as they were at table eating,

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Jesus said, "Truly, I say to you, one of you will betray me, one who is eating with me." They began to be sorrowful, and to say to him one after another, "Is it I?" He said to them, "It is one of the twelve, one who is dipping bread into the dish with me. For the Son of man goes as it is written of him, but woe to that man by whom the Son of man is betrayed! It would have been better for that man if he had not been born." And as they were eating, he took bread, and blessed, and broke it, and gave it to them, and said, "Take; this is my body." And he took a cup, and when he had given thanks he gave it to them, and they all drank of it. And he said to them, "This is my blood of the covenant, which is poured out for many. Truly, I say to you, I shall not drink again of the fruit of the vine until that day when I drink it new in the kingdom of God." And when they had sung a hymn, they went out to the Mount of Olives.

The Minister says The Gospel of the Lord.

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