

## YEAR B, PROPER 11, SUNDAY: MASS

*The First Lesson. The Reader begins*

### **A Reading from the Book of Isaiah**

And it shall be said, “Build up, build up, prepare the way, remove every obstruction from my people’s way.” For thus says the high and lofty One who inhabits eternity, whose name is Holy: “I dwell in the high and holy place, and also with him who is of a contrite and humble spirit, to revive the spirit of the humble, and to revive the heart of the contrite. For I will not contend for ever, nor will I always be angry; for from me proceeds the spirit, and I have made the breath of life. Because of the iniquity of his covetousness I was angry, I smote him, I hid my face and was angry; but he went on backsliding in the way of his own heart. I have seen his ways, but I will heal him; I will lead him and requite him with comfort, creating for his mourners the fruit of the lips. Peace, peace, to the far and to the near, says the Lord; and I will heal him. But the wicked are like the tossing sea; for it cannot rest, and its waters toss up mire and dirt. There is no peace, says my God, for the wicked.”

*The Reader concludes*

*The Word of the Lord.*

## **Psalm 22:22-30**

*The Reader says*

Please join me in reading Psalm 22, verses 23 through 30, found in the red Prayer Book on page 612.

*(The Reader repeats the above information as needed.)*

- 22 Praise the LORD, you that fear him; \*  
stand in awe of him, O offspring of Israel;  
all you of Jacob's line, give glory.
- 23 For he does not despise nor abhor the poor in  
their poverty;  
neither does he hide his face from them; \*  
but when they cry to him he hears them.
- 24 My praise is of him in the great assembly; \*  
I will perform my vows in the presence of those  
who worship him.
- 25 The poor shall eat and be satisfied,  
and those who seek the LORD shall praise him: \*  
“May your heart live for ever!”

- 26 All the ends of the earth shall remember and turn  
to the LORD, \*  
and all the families of the nations bow before  
him.
- 27 For kingship belongs to the LORD; \*  
he rules over the nations.
- 28 To him alone all who sleep in the earth bow down  
in worship; \*  
all who go down to the dust fall before him.
- 29 My soul shall live for him;  
my descendants shall serve him; \*  
they shall be known as the LORD'S for ever.
- 30 They shall come and make known to a people yet  
unborn \*  
the saving deeds that he has done.

*Please turn the page for the Second Lesson.*

*The Second Lesson. The Reader begins*

**A Reading from the**

**Letter of Paul to the Ephesians**

Remember that at one time you Gentiles in the flesh, called the uncircumcision by what is called the circumcision, which is made in the flesh by hands—circumcision remember that you were at that time separated from Christ, alienated from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near in the blood of Christ. For he is our peace, who has made us both one, and has broken down the dividing wall of hostility, by abolishing in his flesh the law of commandments and ordinances, that he might create in himself one new man in place of the two, so making peace, and might reconcile us both to God in one body through the cross, thereby bringing the hostility to an end. And he came and preached peace to you who were far off and peace to those who were near; for through him we both have access in one Spirit to the Father. So then you are no longer strangers and sojourners, but you are fellow citizens with the saints and members of the household of God, built upon the foundation of the apostles and prophets, Christ Jesus

himself being the cornerstone, in whom the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built into it for a dwelling place of God in the Spirit.

*The Reader concludes*                      The Word of the Lord.

### **The Gospel Acclamation**

*The Reader leads the appointed acclamation.*

*Reader*                      Alleluia.

*People*                      Alleluia.

*Reader*                      Worship the Lord, O Jerusalem; \*  
                                    Praise your God, O Zion.

*People*                      Alleluia.

*The Reader returns to his or her seat.*

*Please turn the page for the Gospel Lesson.*

## The Holy Gospel

*The Minister says*

The Lord be with you.

*People*

And also with you.

*Minister*

✠ The Holy Gospel of our Lord  
Jesus Christ according to Mark.

*People*

Glory to you, Lord Christ.

The apostles returned to Jesus, and told him all that they had done and taught. And he said to them, “Come away by yourselves to a lonely place, and rest a while.” For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a lonely place by themselves. Now many saw them going, and knew them, and they ran there on foot from all the towns, and got there ahead of them. As he went ashore he saw a great throng, and he had compassion on them, because they were like sheep without a shepherd; and he began to teach them many things. And when it grew late, his disciples came to him and said, “This is a lonely place, and the hour is now late; send them away, to go into the country and villages round about and buy themselves something to eat.” But he answered them, “You give them something to eat.” And they said to him, “Shall we go and buy two hundred denarii worth of bread, and give it to them to eat?” And he said to them, “How many loaves have you? Go and see.” And when they had

found out, they said, “Five, and two fish.” Then he commanded them all to sit down by companies upon the green grass. So they sat down in groups, by hundreds and by fifties. And taking the five loaves and the two fish he looked up to heaven, and blessed, and broke the loaves, and gave them to the disciples to set before the people; and he divided the two fish among them all. And they all ate and were satisfied. And they took up twelve baskets full of broken pieces and of the fish. And those who ate the loaves were five thousand men.

*The Minister says*            The Gospel of the Lord.