

**MAY 22, HELENA OF CONSTANTINOPLE,
PROTECTOR OF THE HOLY PLACES, 330: MASS**

The First Lesson. The Reader begins

A Reading from the Book of Micah

It shall come to pass in the latter days that the mountain of the house of the LORD shall be established as the highest of the mountains, and shall be raised up above the hills; and peoples shall flow to it, and many nations shall come, and say: “Come, let us go up to the mountain of the LORD, to the house of the God of Jacob; that he may teach us his ways and we may walk in his paths.” For out of Zion shall go forth the law, and the word of the LORD from Jerusalem. He shall judge between many peoples, and shall decide for strong nations afar off; and they shall beat their swords into plowshares, and their spears into pruning hooks; nation shall not lift up sword against nation, neither shall they learn war any more; but they shall sit every man under his vine and under his fig tree, and none shall make them afraid; for the mouth of the LORD of hosts has spoken.

The Reader concludes The Word of the Lord.

Please turn the page and lead the appointed Psalm.

Psalm 2

At Said Mass the Reader says

Please join me in reading Psalm 2, found in the red Prayer Book beginning on page 586.

(The Reader repeats the above information as needed.)

At Sung Mass the Reader says

Please join me in reading Psalm 2 as found in the bulletin.

1. Why are the nations in an uproar? *
Why do the peoples mutter empty threats?
2. Why do the kings of the earth rise up in revolt,
and the princes plot together, *
against the LORD and against his Anointed?
3. “Let us break their yoke,” they say; *
“let us cast off their bonds from us.”
4. He whose throne is in heaven is laughing; *
the Lord has them in derision.
5. Then he speaks to them in his wrath, *
and his rage fills them with terror.

6. “I myself have set my king *
upon my holy hill of Zion.”
7. Let me announce the decree of the LORD: *
he said to me, “You are my Son;
this day have I begotten you.
8. Ask of me, and I will give you the nations
for your inheritance *
and the ends of the earth for your possession.
9. You shall crush them with an iron rod *
and shatter them like a piece of pottery.”
10. And now, you kings, be wise; *
be warned, you rulers of the earth.
11. Submit to the LORD with fear, *
and with trembling bow before him;
12. Lest he be angry and you perish; *
for his wrath is quickly kindled.
13. Happy are they all *
who take refuge in him!

The Gospel Acclamation

The Reader leads the appointed acclamation.

Reader Alleluia.

People Alleluia.

Reader I am the light of the world; *
he who follows me will not walk in darkness.

People Alleluia.

The Reader returns to his or her seat.

The Holy Gospel

The Minister says The Lord be with you.

People And also with you.

Minister ✠ The Holy Gospel of our Lord
Jesus Christ according to Luke.

People Glory to you, Lord Christ.

As they led Jesus away, they seized one Simon of Cyre'ne, who was coming in from the country, and laid on him the cross, to carry it behind Jesus. And there followed him a great multitude of the people, and of women who bewailed and lamented him. But Jesus turning to them said, "Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children. For behold, the days are coming when they will say, 'Blessed are the barren, and the wombs that

never bore, and the breasts that never gave suck!’
Then they will begin to say to the mountains, ‘Fall on us’; and to the hills, ‘Cover us.’ For if they do this when the wood is green, what will happen when it is dry?” Two others also, who were criminals, were led away to be put to death with him.

The Minister says The Gospel of the Lord.